

References to support the Foundations in Manual Therapy Seminars

Walt Fritz, PT, November 2022

This list represents a range of work used to substantiate the person-centered style of manual therapy taught throughout the Foundations Seminars. Pardon the incomplete referencing.

- Abdelaal Ashraf, A. A. (2015). Effect of diaphragmatic and costal manipulation on pulmonary function and functional capacity in chronic obstructive pulmonary disease patients: Randomized control study. *International Journal of Medical research & Health Sciences*.
- Abhishek, A. (2016). Placebo, nocebo, and contextual effects. In M. H. Doherty, *Oxford Textbook of Osteoarthritis and Crystal Arthropathy (3 ed.)*. Oxford University press.
- Abrahamsson, S. (2017). *Neuroplasticity induced by exercise*. University of Skovde.
- Abrosimoff, M., & Rajendran, D. (2019). 'Tell me your story' - How osteopaths apply the BPS model when managing low back pain - A qualitative study. *International Journal of Osteopathic Medicine*, 35, 13-21.
- Adleberg, J. O. (2020). Detection of Muscle Tension Dysphonia Using Eulerian Video Magnification: A Pilot Study. *Journal of Voice*, 34(4), 622-628.
- Ajimsha, M. A. (2015, January). Effectiveness of myofascial release: Systematic review of randomized controlled trials. *Journal of Bodywork and Movement Therapies*, 19(1), 102-112.
- Ajimsha, M. (2021). Effectiveness of external myofascial mobilisation in the management of male chronic pelvic pain of muscle spastic type: A retrospective study. *Arab Journal of Urology*, 19(3), 394-400.
- Alexander, N. R. (2020). The validity of lumbo-pelvic landmark palpation by manual practitioners: A systematic review. *International Journal of Osteopathic Medicine*, 39(DOI:<https://doi.org/10.1016/j.ijosm.2020.10.008>), 10-20.
- Alghadir, A. (2017). Effect of posture on swallowing. *African Health Sciences*, 17(1), 133-137.
- Alodaibi, F. B. (2021, November). The Relationship of Therapeutic Alliance to Patient Characteristics and Functional Outcome During an Episode of Physical Therapy Care for Patients With Low Back Pain: An Observational Study. *Physical Therapy*, DOI:10.1093/ptj/pzab026/6123370.
- Anderson, H. (2001). Postmodern collaborative and person-centred therapies: what would Carl Rogers say? *Journal of Family Therapy*, 23(4), 339-360.
- Anjum, R. (2016). Evidence Based or Person Centered? An Ontological Debate. *European Journal for Person Centered Healthcare*, 4(2), 421-429.
- Anjum, R. L. (2020). Dispositions and the Unique Patient. In R. Anjum, S. Copeland, & E. Rocca, *Rethinking Causality, Complexity, and the Unique Patient*. Springer Open.

- Anjum, R. L. (2020, December 10). The CauseHealth Series: Chapter 1 - Why is Philosophy Relevant for Clinical Practice? *Words Matter Podcast*. (O. Thomson, Interviewer)
- Anjum, R. L. (2020, December 10). The CauseHealth Series: Chapter 2. *Words Matter Podcast*. (O. Thomson, Interviewer)
- Anjum, R. L., Fritz, W.M, & King, S. (2020, November 30). *The Complex Patient*. Retrieved from Walt Fritz Seminars: <https://waltfritzseminars.com/2021/01/19/complexity-simplified/>
- Anjum, R., Copeland, S., & Rocca, E. (Eds.). (2020). *Rethinking Casuality, Complexity, and the Unique Patient*. Springer Open.
- Ardito, R. B. (2011). Therapeutic alliance and outcome of psychotherapy: historical excursus, measurements, and prospects for research. *Frontiers in Psychology*, 2(270), <https://doi.org/10.3389/fpsyg.2011.00270>.
- Ariza-Mateos, M. J. (2019). Effects of a Patient-Centered Graded Exposure Intervention Added to Manual Therapy for Women With Chronic Pelvic Pain: A Randomized Controlled Trial. *Archives of physical medicine and rehabilitation*, 100(1), 9-16.
- Aronson, A. (1990). *Clinical Voice Disorders: An Interdisciplinary Approach. Third Edition*. New York: Thieme.
- Asher, B. (2013). Complementary and Integrative Treatments: The Voice. *Otolaryngologic Clinics of North America*, 46(3), 437-445.
- Asher, M. A. (2006). Adolescent idiopathic scoliosis: natural history and long term treatment effects. *Scoliosis*, 1(1).
- Ashok, A. S. (2019). Comparison of Myofascial Release, Muscle Energy Technique and Cervical Manual Therapy in Postural Neck Pain. *Asian Journal of Orthopaedic Research*, 2(2), 1-6.
- Aterias, B. (2017). Integration of a neurodynamic approach into the treatment of dysarthria for patients with idiopathic Parkinson's disease: A pilot study. *Journal of Bodywork & Movement Therapies*, 22(3), 648-656.
- Avemarie, L. (2019, December 22). *7 therapist and lack of a patient-centered approach*. Retrieved from LarsAvemarie.com: <http://www.larsavemarie.com/7-therapist-and-a-lack-of-a-patient-centered-approach/>
- Avison, D., Lau, F., Myers, M., et al. (1999). Action Research. *Communications of the ACM*, 42(1), 94-97.
- Aweto, H. A. (2021). Relationship between Thoracic Kyphosis and Selected Cardiopulmonary Parameters and Respiratory Symptoms of Patients with Chronic Obstructive Pulmonary Disease and Asthma. *The Journal of Korean Physical Therapy*, 33(4), 179-186.
- Babatunde, F. M. (2017). Characteristics of therapeutic alliance in musculoskeletal physiotherapy and occupational therapy practice: a scoping review of the literature. *BMC Health Services Research*, 17(375), <https://doi.org/10.1186/s12913-017-2311-3>.
- Bainbridge, L. A. (2006). Informed Shared Decision-Making: A Model for Physical Therapy Education and Practice? *Physiotherapy Canada*, 58(1), 74-81.
- Baisakhiya, N. G. (2017). Study the effect of osteopathic manipulation treatment in globus pharyngeus patients. *International Journal Otorhinolaryngological and Head and Neck Surgery*, 3(4), 957-961.
- Baldoman, D. V. (2018). Physical Therapy Challenges in Head and Neck Cancer. *Cancer Treatment and Research*, 174, 209-223.

- Ballengee, L. A. (2021). Implementation of Psychologically Informed Physical Therapy for Low Back Pain: Where Do We Stand, Where Do We Go? *Journal of pain research*, 14, 3747-3757.
- Barnes, M. F. (1997, July). The basic science of myofascial release. *Journal of Bodywork and Movement Sciences*, 1(4), 231-238.
- Baroni, F. R. (2021). The role of touch in osteopathic practice: A narrative review and integrative hypothesis. *Complementary therapies in clinical practice*, 42, <https://doi.org/10.1016/j.ctcp.2020.101277>.
- Bartoskova, M. (2021). The Role of the Psoas Major Muscle in Speaking and Singing. *Voice and Speech Review*, 15(2), 200-210.
- Bedell S. E. (2004). Words That Harm, Words That Heal. *Archives of Internal Medicine*, 164, 1365-1368.
- Behlau, M. (2018, Sep). The 2016 G. Paul Moore Lecture: Lessons in Voice Rehabilitation: Journal of Voice and Clinical Practice. *Journal of Voice*, 33(5), 669-681.
- Bekah Nice Wilson, S. (n.d.). *Anatomy matters*. Retrieved from Nice Speech Lady: <https://nicespeechlady.com/anatomy-matters-but-which-anatomy-blog-post/>
- Bennett, S. S. (2021). Effectiveness of the manual diaphragmatic stretching technique on respiratory function in cerebral palsy: A randomised controlled trial. *Respiratory Medicine*, 184, <https://doi.org/10.1016/j.rmed.2021.106443>.
- Beres-Cohen, K. (2021). *The Association Between Nonverbal Synchrony and the Therapeutic Relationship is More Complex Than We Thought*. Retrieved May 2022, from ProQuest: <https://www.proquest.com/openview/653bbd811099908da3f7704a77afc499/1?pq-origsite=gscholar&cbl=2026366&diss=y>
- Bialosky JE, (2011, Feb). Placebo response to manual therapy: something out of nothing? *J Man Manip Ther*, 19(1), 11-19.
- Bialosky, J.B. (2009, October). The Mechanisms of Manual Therapy in the Treatment of Musculoskeletal Pain: A Comprehensive Model. *Manual Therapy*, 14(5), 531-538.
- Bialosky, J.B. (2010). Individual Expectation: An overlooked, but Pertinent, Factor in the Treatment of Individuals Experiencing Musculoskeletal Pain. *Physical Therapy*, 90(9), 1345-1355.
- Bialosky, J.B. (2021). The healthcare buffet: preferences in the clinical decision-making process for patients with musculoskeletal pain. *Journal of Manual & Manipulative Therapy*, <https://doi.org/10.1080/10669817.2021.1989754>.
- Bialosky, J. B. (2018). Unraveling the Mechanisms of Manual Therapy: Modeling an Approach. *The Journal of Orthopaedic and Sports Physical Therapy*, 48(1), 8-18.
- Bishop, M. B. (2020). Riding a Tiger: Maximizing Effects of Manual Therapies for Pelvic Pain. *Journal of Women's Health Physical Therapy*, 32-38.
- Bishop, M. (2015, Nov). What effect can manual therapy have on a patient's pain experience? *Pain Management*, 5(6), 455-464.
- Bitnar, P. S. (2021). Manual Cervical Traction and Trunk Stabilization Cause Significant Changes in Upper and Lower Esophageal Sphincter: A Randomized Trial. *Journal of Manipulative and Physiological Therapeutics*, 44(4), 344-351.
- Bizzarri, P. F. (2020). Manual Therapy: Art or Science? In M. S.-C. Bernardo-Filho, *Physical Therapy Effectiveness*. London.

- Boachie-Adjei, O. M. (n.d.). *Scoliosis In Adults: Symptoms, Diagnosis and Treatments*. Retrieved from HSS: https://www.hss.edu/conditions_scoliosis-adults.asp
- Bohlen, L. S. (2021). Osteopathy and Mental Health: An Embodied, Predictive, and Interoceptive Framework. *Frontiers in Psychology*, 27, DOI=10.3389/fpsyg.2021.767005 .
- Boldoman, D. V. (2018). Physical Therapy Challenges in Head and Neck Cancer. In E. A. Maghami, *Multidisciplinary Care of the Head and Neck Cancer Patient*.
- Bolton, D. G. (2019). *The Biopsychosocial Model of Health and Disease*. Cham: Palgrave Macmillan.
- Bordin, E. (1979). The generalizability of the psychoanalytic concept of the working alliance. *Psychotherapy*, 16, 252-260.
- Bordoni B, (2018, Dec 5). The Anatomical Relationships of the Tongue with the Body System. *Cureus*, 10(12).
- Bordoni, B. (2019). Lymphatic Pump Manipulation in Patients with Chronic Obstructive Pulmonary Disease. *Cureus*, 11(3), e4232.
- Bordoni, B. (2021). A Missing Voice: The Lingual Complex and Osteopathic Manual Medicine in the Context of Five Osteopathic Models. *Cureus*, 13(10), <https://doi.org/10.7759/cureus.18658>.
- Bordoni, B. (2016). A review of analgesic and emotive breathing: a multidisciplinary approach. *Journal of Multidisciplinary Healthcare*, 9(<https://doi.org/10.2147/JMDH.S101208>), 97-102.
- Bordoni, B. (2016). Manual evaluation of the diaphragm muscle. *International journal of chronic obstructive pulmonary disease*, 1949-1956.
- Bordoni, B. (2013). Anatomic connections of the diaphragm:. *Journal of Multidisciplinary Healthcare*, 6([doi: 10.2147/JMDH.S45443](https://doi.org/10.2147/JMDH.S45443)), 281-291.
- Borrell-Carrió F, S. A. (2004). *The Biopsychosocial Model 25 Years Later: Principles, Practice, and Scientific Inquiry* (Vol. 2). Annals of Family Medicine.
- Bourger, J. B., & Jacob, N. H. (n.d.). Retrieved from [bourger1844bd3_2](https://doi.org/10.1371/journal.pone.0178407)
- Bove, G. M. (2017). Attenuation of postoperative adhesions using a modeled manual therapy. *PloS one*, 2(6), <https://doi.org/10.1371/journal.pone.0178407>.
- Braga, D. M. (2016). Manual therapy in diaphragm muscle: effect on respiratory muscle strength and chest mobility. *Manual Therapy, Posturology, & Rehabilitation Journal*(<https://doi.org/10.17784/mtprehabjournal.2016.14.302>), 1-5.
- Brinjikji, W. L. (2015). Systematic literature review of imaging features of spinal degeneration in asymptomatic populations. *American Journal of Neuroradiology*, 36(4), 811-816.
- Brodley, B. (1998). Criteria for making empathic responses in client-centered therapy. *The Person-Centered Journal*, 5(1), 20-28.
- Brook, I. (2019). Paroxysmal Hypertensive Episodes Caused by Direct Massage of the Carotid Artery by a Doppler Ultrasound of the Neck in a Laryngectomee. *Journal of Medical Ultrasound*, 28(2), 114-116.
- Buning, M. B. (2018). Beyond supervised learning: A multi-perspective approach to outpatient physical therapy mentoring. *Physiotherapy Theory and Practice*, [doi:10.1080/09593985.2018.1443183](https://doi.org/10.1080/09593985.2018.1443183) , 1-16.

- Bunnel, W. P. (N.D.). *Outcome of spinal screening*. Retrieved December 3, 2021, from Retrieved from National scoliosis foundation:
<https://www.scoliosis.org/resources/medicalupdates/screeningoutcome.php>
- Bunnell, W. P. (1993). Outcome of Spinal Screening. *Spine*, 18(12), 1572-1580.
- Burks, M. B. (2014). Manual Therapy May Improve Swallowing Outcomes in Post-Treatment Head and Neck Cancer Patients. *Triological Society*.
- Buscemi, A. C. (2021). Tongue stretching: technique and clinical proposal. *Journal of Complementary & Integrative Medicine*, 10.1515/jcim-2020-0101,
<https://doi.org/10.1515/jcim-2020-0101>.
- Butler, D. (1989). Adverse mechanical tension in the nervous system: a model for assessment and treatment. *Australian Journal of Physiotherapy*, 35(4), 227-259.
- Butler, D. (2000). *The Sensitive Nervous System*. Adelaide: Noigroup Publications.
- Butler, D. (n.d.). T6. Retrieved from NOINotes:
<https://noinotes.wordpress.com/2014/04/10/t6/?fbclid=IwAROpSCDg2McUtXWhkVQYcu0MvIQYYyTYpX79OuwUEMnW58HoSa-aww3ZgEw>
- Calixtre, L. M. (2015). Manual therapy for the management of pain and limited range of motion in subjects with signs and symptoms of temporomandibular disorder: a systematic review of randomised controlled trials. *Journal of Oral Rehabilitation*, 42(11), 847-861.
- Cardoso, R. (2017). Associations between Posture, Voice, and Dysphonia: A Systematic Review. *Journal of Voice*, 33(1).
- Cardoso, R. (2020). Associations between Teachers' Posture, Muscle Tension and Voice Complaints. *Journal of Voice*, 35(6), 933.e23–933.e31.
- Cardoso, R. (2021). Myofascial Release Effects in Teachers' Posture, Muscle Tension and Voice Quality: A Randomized Controlled Trial. *Journal of voice : official journal of the Voice Foundation*.
- Carey, W. P. (2011). Coaching models for leadership development: An integrative review. *Journal of Leadership Studies*, 5(1), 51-69.
- Carozza, S. L. (2021). The Role of Affectionate Caregiver Touch in Early Neurodevelopment and Parent–Infant Interactional Synchrony. *Frontiers in Neuroscience*, 14,
<https://doi.org/10.3389/fnins.2020.613378>.
- Castro-Sánchez, A.M. (2011). A randomized controlled trial investigating the effects of craniosacral therapy on pain and heart rate variability in fibromyalgia patients. *Clinical Rehabilitation*, 25(1), 25-35.
- Cerritelli, F. C. (2017). Effect of Continuous Touch on Brain Functional Connectivity Is Modified by the Operator's Tactile Attention. *Frontiers in Human Neuroscience*, 11(368), 1-19.
- Cerritelli, F. C. (2020). Effect of manual approaches with osteopathic modality on brain correlates of interoception: an fMRI study. *Scientific Reports*,
 10(doi.org/10.1038/s41598-020-60253-6), 1-12.
- Chaibi, A. R. (2019). A risk–benefit assessment strategy to exclude cervical artery dissection in spinal manual-therapy: a comprehensive review. *Annals of Medicine*, 51(2), 118-127.
- Chaitow, L. (2017). Fascial well-being: Mechanotransduction in manual and movement therapies. *Journal of Bodywork & Movement Therapies*.
- Chaitow, L. (2008). Assessment and Palpation: Accuracy and Reliability Issues. In L. Chaitow, *Naturopathic Physical Medicine*. Churchill Livingstone.

- Chang, K. V. (2018). Ultrasound Imaging for the Cutaneous Nerves of the Extremities and Relevant Entrapment Syndromes: From Anatomy to Clinical Implications. *Journal of clinical medicine*, 457.
- Chapelle, S. (2017). Understanding and Approach to Treatment of Scars and Adhesions. In T. Liem, *Fascia in the Osteopathic Field*. London: Handspring Publishing.
- Charles, D. H. (2019). A systematic review of manual therapy techniques, dry cupping and dry needling in the reduction of myofascial pain and myofascial trigger points. *Journal of bodywork and movement therapies*, 23(3), 539-546.
- Chen, W. S. (2021). The Emerging Science of Interoception: Sensing, Integrating, Interpreting, and Regulating Signals within the Self. *Trends in Neuroscience*, 44(1), DOI:<https://doi.org/10.1016/j.tins.2020.10.007>.
- Cherkin D. C. (2013). A comparison of the effects of 2 types of massage and usual care on chronic low back pain: a randomized, controlled trial. *Annals of Internal Medicine*, 155(1), 1-9.
- Chung, J. (n.d.). *Epidemiology, risk factors, pathogenesis, and natural history of abdominal aortic aneurysm*. Retrieved 2021 December, from UpToDate: <https://www.uptodate.com/contents/epidemiology-risk-factors-pathogenesis-and-natural-history-of-abdominal-aortic-aneurysm>
- Ciuryk, J. M. (2021). Investigation of the relationship between the diaphragm muscle relaxation therapy, voice emission and postural stability in amateur and professional singers of Academy of Music – preliminary study. *Journal of Measurements in Engineering*, 9(1), 13-22.
- Cohen, D. J. (2008, Nov). Fidelity versus flexibility. Translating Evidence-Based Research into Practice. *American Journal of Preventative Medicine*, 35(5).
- Colloca L. (2012). Nocebo effects, patient-clinician communication, and therapeutic outcomes. *JAMA*, 307(6), 567-568.
- Connolly, P. (2022). Instability and Uncertainty Are Critical for Psychotherapy: How the Therapeutic Alliance Opens Us Up. *Frontiers in Psychology*, 12, doi: 10.3389/fpsyg.2021.784295.
- Cook, C. (2021). The Demonization of Manual Therapy. *Muskuloskelettale Physiotherapie*, 25, 125-132.
- Coronado, R. A. (2020). Psychologically informed physical therapy for musculoskeletal pain: current approaches, implications, and future directions from recent randomized trials. *Pain Reports*, 5(5), e847.
- Coronado, R. B. (2017). Manual physical therapy for chronic pain: the complex whole is greater than the sum of its parts. *Journal of Manual & Manipulative Therapy*, 25(3), 115-117.
- Craig, J. T. (2015, May 19). Combining Voice Therapy and Physical Therapy: A Novel Approach to Treating Muscle Tension Dysphonia. *Journal of Communication Disorders*, 58, 169-178.
- Crane, J. D. (2012). Massage therapy attenuates inflammatory signaling after exercise-induced muscle damage. *Science Translational Medicine*, 4(119), 119ra13.
- Crepeau, E. B. (2011). I looked to her as a guide: the therapeutic relationship in hand therapy. *Disability and Rehabilitation*, 33(10), 872-881.
- Cristobal ,C. Own work, P. D. (n.d.). Retrieved from Wikipedia: <https://commons.wikimedia.org/w/index.php?curid=8922104>

- Cruz-Montecinos, C.G. (2017). The immediate effect of soft tissue manual therapy intervention on lung function in severe chronic obstructive pulmonary disease. *International Journal of Chronic Obstructive Pulmonary Disease*, 12(<https://doi.org/10.2147/COPD.S127742>), 691-696.
- Czaprowski, D. S. (2018). Non-structural misalignments of body posture in the sagittal plane. *Scoliosis*, 13(6).
- Dębski O, B. E. (2019). The parameters of foam rolling, self-myofascial release treatment: a review of the literature. *Sciendo. Biomedical Human Kinetics*, 11, 36-46.
- da Silva, R. (2013). Increase of lower esophageal sphincter pressure after osteopathic intervention on the diaphragm in patients with gastroesophageal reflux. *Diseases of the esophagus*, 26(5), 451-456.
- D'Alessandro, G. C. (2016). Sensitization and Interoception as Key Neurological Concepts in Osteopathy and Other Manual Medicines. *Frontiers in Neuroscience*, 10, 1-12.
- Daniszewska-Jarząb I. (2021). Manual scar therapy on the example of a caesarean section scar. *Asthetic Cosmetology and Medicine*, 10(4), 201-204.
- de França, N. F. (2019). Benefits of physical therapy in the quality of life of mouth breathing children: Literature review. *Revista Hospital Universitário Pedro Ernesto.*, 18(1), 55-63.
- de Franca, N. (2019). Benefits of physical therapy in the quality of life of mouth breathing: Literature review. *Revista Hospital Universtorio Pedro Ernestoi*, 18(1), 55-63.
- Dehqan, A. S. (2018). Positive Effects of Manual Circumlaryngeal Therapy in the Treatment of Muscle Tension Dysphonia (MTD): Long Term Treatment Outcomes. *Journal of Voice*, 33(6), 866-871.
- DePietro, J. R. (2018). Laryngeal Manipulation for Dysphagia with Muscle Tension Dysphonia. *Dysphagia*, 33(4), 468-473.
- Deres-Cohen, K. (2021). *The Association Between Nonverbal Synchrony and the Therapeutic Relationship is More Complex Than We Thought*. Retrieved May 2022, from ProQuest: <https://www.proquest.com/openview/653bbd811099908da3f7704a77afc499/1?pq-origsite=gscholar&cbl=2026366&diss=y>
- Dev, K. S. (2018). Effect of myofascial release in intercostal and paravertebral muscles on oxygen saturation, dyspnea, and respiratory rate among COPD patients. *IJCRT*, 1483-1487.
- Dharmananda, S. (2002). Treatment of throat and voice disorders with Chinese medicine. *ITMOnline*.
- Diener, I. K. (2016). Listening is therapy: Patient interviewing from a pain science perspective. *Physiotherapy Theory and Practice*, 32(5), 356-367.
- Dierckx, K. D. (2013). Implementation of Shared Decision Making in Physical Therapy: Observed Level of Involvement and Patient Preference. *Physical Therapy*, 93(10), 1321-1330.
- D'haeseleer, E. C. (2013). The effectiveness of manual circumlaryngeal therapy in future elite vocal performers. *The Laryngoscope*, 123(8), 1937-1941.
- Diwan, S. B. (2014). Effect of anterior chest wall myofascial release on thoracic expansion in children with spastic cerebral palsy. *International Journal of Contemporary Pediatrics*, 1, 94-99.
- Djulbegovic, B., Guyatt, G. (2017). Progress in evidence-based medicine: A quarter century on. *The Lancet*, 390(10092), 415-423.

- Dobson, K. (2022). Therapeutic Relationship. *Cognitive and Behavioral Practice*, <https://doi.org/10.1016/j.cbpra.2022.02.006>.
- Domaszewska, K. P. (2019). The Influence of Soft Tissue Therapy on Respiratory Efficiency and Chest Mobility of Women Suffering from Breast Cancer. *International Journal of Environmental Research and Public Health*, 16(24), <https://doi.org/10.3390/ijerph16245092>.
- Dorko, B. S. (2010). Manual magic: the method is not the trick. *The Journal of orthopaedic and sports physical therapy*, 40(8), 535-536.
- Driscoll, J. T. (2001). The potential of reflective practice to develop individual orthopaedic nurse practitioners and their practice. *Journal of Orthopaedic Nursing*, 5, 95-103.
- Dromey, C. N. (2008). Articulatory Changes Following Treatment of Muscle Tension Dysphonia: Preliminary Acoustic Evidence. *Faculty Publications*, 51(1), 196-208.
- Dunphy, C. (2013). *Critical Review: The Hands On Approach: Perilaryngeal Manual Therapies in the Treatment of Muscle Tension Dysphonia*. Retrieved December 2021, from Univ. of Western Ontario: https://www.uwo.ca/fhs/lwm/teaching/EBP/2012_13/Dunphy_C.pdf
- Dutta, A. (2021). To Study the Efficacy of Soft Tissue Release Manual Therapy Techniques in Patients with Moderate COPD. *International Journal of Life Science and Pharma Research*, 11(2), 172-179.
- Dworkin, S. F. (1990, May). Assessing clinical signs of temporomandibular disorders: Reliability of clinical examiners. *Journal of Prosthetic Dentistry*, 63(5), 574-579.
- Edwards, S. (2017, May). Reflecting differently. New dimensions: reflection-before-action and reflection-beyond-action. *International Practice Development Journal*, 7(1), 1-14.
- Eguaras N. (2019). Effects of Osteopathic Visceral Treatment in Patients with Gastroesophageal Reflux: A Randomized Controlled Trial. *Journal of Clinical Medicine*, 8(10), 1738.
- Elby, L. (1997). Alternative Forms of Mentoring in Changing Organizational Environments: A Conceptual Extension of the Mentoring Literature. *Journal of Vocational Behavior*, 51(1), 125-144.
- Ellingsen, D. L. (2016, Jan 6). The Neurobiology Shaping Affective Touch: Expectation, Motivation, and Meaning in the Multisensory Context. *Frontiers in Psychology*, 6.
- Ellwood, J.D. (2020). Comparison of common interventions for the treatment of infantile colic: a systematic review of reviews and guidelines. *British Medical Journal Open*, 10(2), 1-13.
- Emanuel, E. E. (1992). Four Models of the Physician-Patient Relationship. *Journal of the American Medical Association*, 267(16), 2221-2226.
- Ercole B. (2010). How much time is required to modify a fascial fibrosis? *J Bodyw Mov Ther*, 14(4), 318-325.
- Esteves, J. C. (2022). Osteopathic Care as (En)active Inference: A Theoretical Framework for Developing an Integrative Hypothesis in Osteopathy. *Frontiers in Psychology*, doi.org/10.3389/fpsyg.2022.812926(doi.org/10.3389/fpsyg.2022.812926), 1-19.
- Etikan, I., Musa, S., & Alkassim, R. (2016). Comparison of Convenience Sampling and Purposive Sampling. *American Journal of Theoretical and Applied Statistics*, 5(1), 1-4.
- Fallah, M. K. (2021). Effect of Mathieson Laryngeal Manual Therapy in Patients With Muscle Tension Dysphonia After a Therapeutic Course. *Journal of Modern Rehabilitation*, 15(2), 73-82.

- Fathollahnejad, K. L. (2019). The effect of manual therapy and stabilizing exercises on forward head and rounded shoulder postures: a six-week intervention with a one-month follow-up study. *BMC musculoskeletal disorders*, 20(1).
- Fathollahnejad, K. L. (2019). The effect of manual therapy and stabilizing exercises on forward head and rounded shoulder postures: a six-week intervention with a one-month follow-up study. *BMC musculoskeletal disorders*, 86.
- Fenety, A. H. (2009). Informed consent practices of physiotherapists in the treatment of low back pain. *Manual Therapy*, 14(6), 654-660.
- Fernández-de-Las-Peñas, C. (2019). Trigger point dry needling for the treatment of myofascial pain syndrome: current perspectives within a pain neuroscience paradigm. *Journal of pain research*, 12, 1899-1911.
- Finlay, L. (2008, January). Reflecting on 'Reflective practice'. *PBPL paper 52*, 1-27.
- Fischera, M. G. (2009). Intensified voice therapy: a new model for the rehabilitation of patients suffering from functional dysphonias. *International Journal of Rehabilitation Research*, 32(4), 348-355.
- Fisher E. (2016). Hyoid bone fusion and bone density across the lifespan: prediction of age and sex. *Forensic Science, Medicine, and Pathology*, 12(2), 146-157.
- Fleming, J. (2018). Recognizing and resolving the challenges of being an insider researcher in work-integrated learning. *International Journal of Work-Integrated Learning*, 19(3), 311-320.
- França, M. S. (2020). Manipulation of the Fascial System Applied During Acute Inflammation of the Connective Tissue of the Thoracolumbar Region Affects Transforming Growth Factor- β 1 and Interleukin-4 Levels: Experimental Study in Mice. *Frontiers in Physiology*, 11, 587373.
- François, F. (2021). *The effect of laryngeal manual therapy and laryngeal reposturing with voicing on fundamental frequency and estimated vocal tract length in transmasculine speakers*. Boston: Boston University OpenBU.
- Franca, N. F. (2019). Benefits of physical therapy in the quality of life of mouth breathing children: Literature review. *Brazilian Journal of Health and Biomedical Sciences*, 18, 10.12957/bjhbs.2019.53477.
- Fritz, W. (n.d.). Retrieved from <http://waltfritzseminars.com/resources-2-2/research/>
- Fritz, W. (2020). *Guidelines for Applying The Foundations Seminar Approach to Manual Therapy*. Retrieved from Foundations in Manual Therapy Seminars: <http://waltfritzseminars.com/wp-content/uploads/2019/12/Guidelines-for-Foundations-Approach-3.pdf>
- Fuentes, J. (2013). Enhanced therapeutic alliance modulates pain intensity and muscle pain sensitivity in patients with chronic low back pain: an experimental controlled study. *Physical Therapy*, 94(4), 477-489.
- Fulton, B. (2015). *The Placebo Effect in Manual Therapy: Improving Clinical Outcomes in Your Practice*. London: Handspring Pub Ltd.
- Furness, P. (2020). A Qualitative Exploration of Experiences of Physiotherapy Among People with Fibromyalgia in the United Kingdom. *Journal of Physiotherapy Pain Association*, 37-47.

- Gabriel, S. B. (2019). Bilateral Traumatic Internal Carotid Artery Dissection after CrossFit Training. *Annals of Vascular surgery*, 61(<https://doi.org/10.1016/j.avsg.2019.04.028>), 466.e1–466.e5.
- Geri, T. A. (2019). Manual therapy: Exploiting the role of human touch. *Musculoskeletal Science and Practice*, 44, 102044.
- Gibson, B. G. (2018). *Manipulating Practices. A critical physiotherapy reader*. Creative Commons: Saint Philip Street Press.
- Gille, U. (n.d.). *Omohyoid - Gray386.png, Public Domain*,. Retrieved from Wikipedia: <https://commons.wikimedia.org/w/index.php?curid=2630152>
- Gordon, K. R. (2018). The Role of the Pelvic Floor in Respiration: A Multidisciplinary Literature Review. *Journal of Voice*, 34(2), 243-249.
- Gourgouvelis, J. Y. (2017). Exercise Promotes Neuroplasticity in Both Healthy and Depressed Brains: An fMRI Pilot Study. *Neural Plasticity*, 8305287, <https://doi.org/10.1155/2017/8305287>.
- Gray. (n.d.). *Medial pterygoid muscle*. Retrieved from Wikipedia: <https://commons.wikimedia.org/w/index.php?curid=1607023>
- Greenhalgh, T. H. (2014). Evidence based medicine: a movement in crisis? *BMJ*.
- Grouse, L. (2016). Post hoc ergo propter hoc. *Journal of Thoracic Disease*, 8(7), E511-E512.
- Gu, L. D. (1981). Effect of traditional massage on closure insufficiency of glottis in singers. An analysis of 16 cases. *Journal of Traditional Chinese Medicine = Chung i tsa chih ying wen pan*, 1(1), 67-68.
- Gugliotti, M. (2011). The Use of Mobilization, Muscle Energy Technique, and Soft Tissue Mobilization Following a Modified Radical Neck Dissection of a Patient with Head and Neck Cancer. *Rehabilitation Oncology*, 29(1), 3-8.
- Gundersen, K. L. (2016). Muscle memory and a new cellular model for muscle atrophy and hypertrophy. *Journal of Experimental Biology*, 219(Pt 2)(<https://doi.org/10.1242/jeb.124495>), 235-242.
- Gupta, A. A. (2017). Recovery from temporomandibular joint dysfunction: An overview of different physiotherapy approaches. *International Journal of Yoga, Physiotherapy, and Physical Education*, 2(5), 126-131.
- Gustin, A. (2019). Shared decision-making. *Anesthesiology Clin*, 37, 573-580.
- Häggström, M. (n.d.). *Suprahyoid*. Retrieved from Wikipedia: https://en.wikipedia.org/wiki/Suprahyoid_muscles#/media/File:Suprahyoid_muscles.png
- Hall, A. F. (2010). The Influence of the Therapist-Patient Relationship on Treatment Outcome in Physical Rehabilitation: A Systematic Review. *Physical Therapy*, 90(8), 1099-1110.
- Hamdan, A. (2018). Prevalence of MTD among Patients with Functional Dysphagia. *OTO Open*.
- Hannon, J. C. (2014). *Recognizing and Treating Breathing Disorders (2nd ed.)*. Churchill Livingstone.
- Hargrove, T. (2014). *The Science of Placebo*. Retrieved from Better Movement: <https://www.bettermovement.org/blog/2014/the-science-of-placebo>
- Hargrove, T. (n.d.). *The REAL Truth About Pain Science & Body Mechanics: A Response to Criticism*. Retrieved from PhysioNetwork: <https://www.physio-network.com/the-real-truth-about-pain-science-and-body-mechanics-a-response-to->

criticism/?fbclid=IwAR1CRyc3ckowtbNHylK15TAJLbGO8xqI_c3EN3O-ba0KI-Yh2b_qfIFxQyI

- Hartman, S. N. (2002). INTEREXAMINER RELIABILITY AND CRANIAL OSTEOPATHY. *The Scientific Review of Alternative Medicine*, 6(1), 23-34.
- Hauke, G. L. (2022). Piloting the Update: The Use of Therapeutic Relationship for Change – A Free Energy Account. *Frontiers in Psychology*, 11, doi.org/10.3389/fpsyg.2022.842488.
- Hawk, C. M. (2018). Manual Interventions for Musculoskeletal Factors in Infants With Suboptimal Breastfeeding: A Scoping Review. *Journal of Evidence-Based Integrative Medicine*, 23, <https://doi.org/10.1177/2515690X18816971>.
- Helou, L. W. (2013). Intrinsic laryngeal muscle activity in response to autonomic nervous system activation. *The Laryngoscope*, 123(11), 2756-2765.
- Henderson A.T. (2010). Effects of rib raising on the autonomic nervous system: a pilot study using noninvasive biomarkers. *J Am Osteopath Assoc*, 324-330.
- Heo, S. Y. (2015). Immediate effects of Kinesio Taping on the movement of the hyoid bone and epiglottis during swallowing by stroke patients with dysphagia. *Journal of Physical Therapy Science*, 3355-3357.
- Heredia-Rizo, A. M. (2013). Immediate Changes in Masticatory Mechanosensitivity, Mouth Opening, and Head Posture After Myofascial Techniques in Pain-Free Healthy Participants: A Randomized Controlled Trial. *Journal of Manipulative and Physiological Therapeutics*, 36(5), 310-318.
- Hodges, P. W. (2007). Postural and Respiratory Functions of the Pelvic Floor Muscles. *Neurourology and Urodynamics*, 26(3), 362-371.
- Hojan, K. M. (2014). Opportunities for rehabilitation of patients with radiation fibrosis syndrome. *Reports on Oncology and Radiotherapy*, 19(1), 1-6.
- Hope, K. (2003). Praiseworthy pragmatism? Validity and action research. *METHODOLOGICAL ISSUES IN NURSING RESEARCH*, 44(2), 120-127.
- Horvath, A.O. (1993). The Role of the Therapeutic Alliance in Psychotherapy. *Journal of Consulting and Clinical Psychology*, 61(4), 561-573.
- Hospital, U. B. (n.d.). *Scoliosis treatment*. Retrieved from Univ. of CA at SF: <https://www.ucsfbenioffchildrens.org/conditions/scoliosis/treatment.html>
- Howard, J. (2011). Postural and Spinal Disorders- Do They Affect the Normal Swallow. Carbondale, IL, USA.
- Ingraham, P. <https://www.painscience.com/articles/modality-empires.php>. (n.d.).
- Hubbard, T. (1915). Papilloma of the Larynx. *American Laryngological Association*, (pp. 652-656). Niagara Falls.
- Hwang, J. R. (2006). Therapeutic effect of passive mobilization exercise on improvement of muscle regeneration and prevention of fibrosis after laceration injury of rat. *Archives of Physical Medicine and Rehabilitation*, 87(1), 20-26.
- Ingraham, P. (2018, Jun 13). *Massage therapy for scalenes*. Retrieved from Painscience.com: <https://www.painscience.com/articles/spot-04-scalenes.php>
- Ingraham, P. (2020, Jan 19). *Massage Therapy Side Effects*. Retrieved from Painscience.com: <https://www.painscience.com/articles/massage-therapy-side-effects.php>
- Ingraham, P. (2020). *Pain is Weird*. Retrieved from PainScience.com: <https://www.painscience.com/articles/pain-is-weird.php>

- Ito, J. (2018). 3. *Theory of Change*. Retrieved December 2020, from Practice of Change: https://www.practiceofchange.org/pub/ch3/release/1#_bookmark432
- Jackson-Menaldi, M. (2019). Tongue stretches for singers. In W. D. Leborgne, *The Vocal Athlete*. San Diego: Plural Publishing.
- Jacobs, D. (2007). Retrieved December 2021, from cstminnesota: <http://www.cstminnesota.com/resources/dermoneuromodulation.pdf>
- Jacobs, D. (2016). *DermoNeuroModulating*. Victoria: Tellwell Talent.
- Jacobs, D. (2021). The skin is the outside of the brain. *Japanese Journal of Physical Therapy*, 55(4), 384-388.
- Jacobs, D. (n.d.). *DermoNeuroModulating*. Retrieved December 2021, from <http://www.dermoneuromodulation.com/>
- Jacobs, D. S., Silvernail, J. (2011, May). Therapist as operator or interactor? Moving beyond the technique. *Journal of Manual & Manipulative Therapy*, 19(2), 120-121.
- Jafari, N. (2021). Comparison of Laryngeal Palpatory Scale (LPS), With Surface Electromyographic Measures in Patients with Muscle Tension Dysphonia. *Journal of Voice*, 50892-1997(21), <https://doi.org/10.1016/j.jvoice.2021.08.021>.
- Jafari, N. (2018). A Novel Laryngeal Palpatory Scale (LPS) in Patients with Muscle Tension Dysphonia. *Journal of voice*, 34(3), 488.e9-488.e27.
- Jame, M.C. (2020). Ikjsfalkwuefb. *ldhifq;iref*, 288-290.
- Jamieson, E. (1946). *Illustrations of Regional Anatomy* (Vols. Section II, Head and Neck). Edinburgh: E. & S. Livingstone.
- Janis, N. (n.d.). Groupthink. In R. Vecchio, *Leadership: Understanding the dynamics of power and influence in organizations* (pp. 163-176). University of Notre Dame Press.
- Johnson, K. (2001). The roles and functions of cutaneous mechanoreceptors. *Current Opinion in Neurobiology*, 11(4), 455-461.
- Jones D.L., M. T. (1998). The role of physical therapy in the multidisciplinary treatment of muscle tension dysphonia. *J Med Speech Lang Path*, 6, 41-48.
- Jones, R.S., Kennedy, J.D., Hasham, F. et al. (1981). Mechanical inefficiency of the thoracic cage in scoliosis. *Thorax*, 36, 456-461.
- Jung, S. Y. (2017). Laryngeal myofascial pain syndrome as a new diagnostic entity of dysphonia. *Auris, nasus, larynx*, 44(2), 182-187.
- Kaimaxi, D. (2021). The development of congruence: a thematic analysis of person-centered counselors' perspectives. *Person-Centered & Experiential Psychotherapies*, 20(3), 232-249.
- Kalamir A. (2010). Intra-oral myofascial therapy for chronic myogenous temporomandibular disorders: a randomized, controlled pilot study. *The Journal of Manual & Manipulative Therapy*, 18(3), 139-146.
- Kang, C. H. (2016). Muscle Tension Dysphagia: Symptomology and Theoretical Framework. *Otolaryngology–Head and Neck Surgery*, 155(5), 837-842.
- Kang, C. H. (2020). Muscle Tension Dysphagia: Contributing Factors and Treatment Efficacy. *The Annals of Otolaryngology, Rhinology, and Laryngology*, 130(7), 674-681.
- Katake, K. (1961). The Strength for Tension and Bursting of Human Fasciae. *Journal of Kyoto Prefectural Medical University*, 69, 484-488.

- Katavich, L. (1999). Neural Mechanisms Underlying Manual Cervical Traction. *Journal of Manual & Manipulative Therapy*, 7(1), 20-25.
- Kaur P. (2019). To Compare the Effectiveness of Myofascial Release (MFR) with Strengthening and Stretching with Strengthening to Improve the Rounded Shoulder Posture. *Indian Journal of Physiotherapy & Occupational Therapy*, 13(2), 116-121.
- Kemp, J. L. (2018). Physiotherapist-led treatment for young to middle-aged active adults with hip-related pain: consensus recommendations from the International Hip-related Pain Research Network, Zurich 2018. *British journal of sports medicine*, 54(9), 504-511.
- Kendall, P. F. (2018). Implementing evidence-based treatment protocols: Flexibility within fidelity. *Journal of Clinical Psychology*, 25(4), e12271. doi:10.1111/cpsp.12271.
- Kennard, E. J. (2015). A Preliminary Comparison of Laryngeal Manipulation and Postural Treatment on Voice Quality in a Prospective Randomized Crossover Study. *Journal of Voice*, 29(6), 751-754.
- Kennedy, A. B. (2016). Clarifying Definitions for the Massage Therapy Profession: the Results of the Best Practices Symposium. *International journal of therapeutic massage & bodywork*, 9(3), 15-26.
- Kerry R. (2012). Causation and evidence-based practice: an ontological review. *J Eval Clin Pract.*, 18(5), 1006-1012.
- Khoddami S. M. (2014). Review on Laryngeal Palpation Methods in Muscle Tension Dysphonia: Validity and reliability issues. *Journal of Voice*, 29(4), 459-468.
- Kim, J. (2018). Effects of McKenzie exercises, Kineio taping, and myofascial release on forward head posture. *Journal of physical therapy science*, 1103-1107.
- Kinney, M. S. (2020). The impact of therapeutic alliance in physical therapy for chronic musculoskeletal pain: A systematic review of the literature. *Physiotherapy Theory and Practice*, 36(8), 886-898.
- Knickerbocker, K. (2017, March 19). *But What About Voice Rehabilitation Goals? Part 1: Short Term*. Retrieved December 2021, from A Tempo Voice Center: <http://www.atempovoicecenter.com/blog/2017/3/19/but-what-about-voice-rehabilitation-goals-part-1-short-term>
- Kolb, W. H. (2020). The evolution of manual therapy education: what are we waiting for? *Journal of Manual & Manipulative Therapy*, 28(1), 1-3.
- Kolnes, L. J. (2019). Physiotherapy improves symptoms of exercise-induced laryngeal obstruction in young elite athletes: a case series. *BMJ open sport & exercise medicine*, 5(1).
- Kon, A. (2010). The Shared Decision-Making Continuum. *JAMA*, 903-904.
- Kooijman, P. G. (2005). Muscular tension and body posture in relation to voice handicap and voice quality in teachers with persistent voice complaints. *Folia Phoniatrica et Logopaedica*, 57(3), 134-147.
- Koseki, T. K. (2019). Effect of forward head posture on thoracic shape and respiratory function. *Journal of Physical Therapy Science*, 63-68.
- Krisciunas, G.P. (2016). A novel manual therapy programme during radiation therapy for head and neck cancer – our clinical experience with five patients. *Clinical Otolaryngology*, 41(4), 425-431.

- Krisciunas, G. P. (2019, January). Application of Manual Therapy for Dysphagia in Head and Neck Cancer Patients: A Preliminary National Survey of Treatment Trends and Adverse Events. *Global Advances in Health and Medicine*, 8, 1-8.
- Kuhn, T. (1962). *The Structure of Scientific Revolutions*. Chicago: University of Chicago Press.
- Laski, H. (2020). The Limitations of the Expert. *Society*.
- Lauder, G. (2020). Clinical Insights into the Importance of Scars and Scar Release in Paediatric Chronic Myofascial Pain. In V. B. Waisundara, *Pain Management - Practices, Novel Therapies and Bioactives*. IntechOpen.
- Lauffenburger J.C. (2018). A Call for a Systems-Thinking Approach to Medication Adherence: Stop Blaming the Patient. *AMA Intern Med*, 950-951.
- Laukkanen, A. M. (2005). Immediate effects of 'voice massage' treatment on the speaking voice of healthy subjects. *Folia phoniatica et logopaedica : official organ of the International Association of Logopedics and Phoniatrics (IALP)*, 57(3), 163-172.
- Laverty, S. M. (2003). Hermeneutic Phenomenology and Phenomenology: A Comparison of Historical and Methodological Considerations. *International Journal of Qualitative Methods*, 2(3), 21-35.
- LeBauer, A. B. (2008). The effect of myofascial release (MFR) on an adult with idiopathic scoliosis. *Journal of Bodywork and Movement Therapies*, 12(4), 356-363.
- Lebert, R. (2017). *Setting the groundwork for evidence-based massage*. Retrieved from RTMEDU.com:
<https://ecampusontario.pressbooks.pub/handbookformassagetherapists/part/setting-the-groundwork-for-evidence-based-massage/>
- Lederman, E. (2007). The Myth of Core Stability. *Journal of Bodywork and Movement Therapies*, 14(1), 84-98.
- Lederman, E. (2010). The fall of the postural–structural–biomechanical model in manual and physical therapies: Exemplified by lower back pain. *Journal of Bodywork and Movement Therapies*, 15(2), 1-14.
- Lederman, E. (2015, May). A process approach in manual and physical therapies: beyond the structural model. *CPDO Online Journal*(<https://www.semanticscholar.org/paper/A-process-approach-in-manual-and-physical-beyond-Lederman/9a0912fbd6f7f926cde421742ba22bda22b179f7>), 1-18.
- Lee J. S. (2018). Effect of wound massage on neck discomfort and voice changes after thyroidectomy. *Surgery*, 164(5), 965-971.
- Lehman, G. (2012, March). *Are you sure your hip flexors are tight? If so, why and who cares?* Retrieved from Reconciling Biomechanics with Pain Science:
<http://www.greglehman.ca/blog/2012/03/31/are-you-sure-your-hip-flexors-are-tight-if-so-why-and-who-cares>
- Leppänen, K. L. (2010). One-year follow-up study of self-evaluated effects of voice massage, voice training, and voice hygiene lecture in female teachers. *Logoped Phoniatr Vocol*, 35(1), 13-18.
- Leppänen, K. L. (2009). A comparison of the effects of Voice Massage and voice hygiene lecture on self-reported vocal well-being and acoustic and perceptual speech parameters in female teachers. *Folia Phoniatica et Logopaedica*, 61(4), 227-238.

- Lettinga, A. T. (2002). Diversity in Neurological Physiotherapy: A Content Analysis of the Brunnstrom/Bobath Controversy. *ADvances in Physiotherapy*(4), 23-36.
- Levi E. (2021). Patient and Therapist In-Session Cortisol as Predictor of Post-Session Patient Reported Affect. *Brain Sciences*, 11(11), 1483.
- Levi, Y. G. (2021). A matter of choice: Should students self-select exercise for their nonspecific chronic low back pain? A controlled study. *Journal of American College Health*(DOI: 10.1080/07448481.2021.1960845), 1-7.
- Lewin, J. W. (2017). Manual Therapy: Integration into a Speech and Swallowing Rehabilitation Program for Head and Neck Cancer. *Archives of Physical Medicine and Rehabilitation*.
- Lieberman, J. (2002). Principles and techniques of manual therapy: application in the management of dysphonia. In T. H. Harris, *The Voice Clinic Handbook* (pp. 91-138). New York: Whurr Publishers.
- Lieberman, J., Rubin, J., Harris, T., et al. (2005). Laryngeal Manipulation. In R. Sataloff, *Treatment of Voice Disorders* (pp. 115-132). San Diego: Plural Publishing.
- Lillie, P. B. (2011). The n-of-1 clinical trial: the ultimate strategy for individualizing medicine? *Per Med*, 8(2), 161-173.
- Lin, I. W. (2020). What does best practice care for musculoskeletal pain look like? Eleven consistent recommendations from high-quality clinical practice guidelines: systematic review. *British Journal of Sports Medicine*, 54(2), 79-86.
- Lincoln, Y. (1989). Ethics: The Failure of Positivist Science. *The Review of Higher Education*, 12(3), 221-240.
- Loebell, H. (1944). Voice and Speech Disorders in the German Army. *Quarterly Journal of Speech*, 30, 259-262.
- Logemann, J. A. (1994). Effects of postural change on aspiration in head and neck surgical patients. *Otolaryngology--head and neck surgery : official journal of American Academy of Otolaryngology-Head and Neck Surgery*, 222-227.
- Lucas, N. M. (2009). Reliability of Physical Examination for Diagnosis of Myofascial Trigger Points. *The Clinical Journal of Pain*, 80-89.
- Lumbau A. (2011). Influence of posture on swallowing. *European Journal of Paediatric Dentistry*, 12(3), 171-174.
- Lunghi, C. T. (2016). The biomechanical model in manual therapy: Is there an ongoing crisis or just the need to revise the underlying concept and application? *Journal of Bodywork and Movement Therapies*, 20(4), 784-799.
- López-de-Uralde-Villanueva, I. C. (2018). The effectiveness of combining inspiratory muscle training with manual therapy and a therapeutic exercise program on maximum inspiratory pressure in adults with asthma: a randomized clinical trial. *Clinical Rehabilitation*, 32(6), 752-756.
- M. Shams El Deen, M. (2020). oft Tissue Manipulation versus Traditional Physiotherapy Program on Spirometric Indices and Diaphragmatic Excursion in Asthmatic Patients. *Arch Pharma Pract* 2020, 11(3), 108-114.
- Małgorzata, K. M. (2021). Investigation of the relationship between the diaphragm muscle relaxation therapy, voice emission and postural stability in amateur and professional singers of Academy of Music – preliminary study. *Journal of Measurements in Engineering*, 9(1), 13-22.

- Macefield, V. (2021). The roles of mechanoreceptors in muscle and skin in human proprioception. *Current Opinion in Physiology*, 21, 48-56.
- Mancini, F. N. (2014). Pain relief by touch: A quantitative approach. *Pain*, 155(3), 635-642.
- Mancini, F. N., & Iannetti, G. D. (2014). Pain relief by touch: A quantitative approach. *Pain*, 155(3), 635-642.
- Marizeiro, D. F. (2018). Immediate effects of diaphragmatic myofascial release on the physical and functional outcomes in sedentary women: A randomized placebo-controlled trial. *Journal of Bodywork and Movement Therapies*, 22(4), 924-929.
- Marshall-McKenna, R. P. (2014). Myofascial release for women undergoing radiotherapy for breast cancer: A pilot study. *European Journal of Physiotherapy*, 16(1), 58-64.
- Marszałek, S. Ż. (2007). Estimation of influence of myofascial release techniques on esophageal pressure in patients after total laryngectomy. *European Archives of Oto-Rhino-Laryngology*, 266(<https://doi.org/10.1007/s00405-008-0861-z>), 1305-1308.
- Marszalek S. (2015). *Evaluation of manual myofascial release techniques in head and neck cancer patients with trismus following extensive surgical treatment*. Retrieved December 2021, from http://www.fasciacongress.org/2015/Abstracts/95_Marszalek.pdf
- Marszalek, S. (2012). Assessment of the influence of osteopathic myofascial techniques on normalization of the vocal tract functions in patients with occupational dysphonia. *International Journal of Occupational Medicine and Environmental Health*, 25(3), 225-235.
- Martínez-Hurtado, I. (2019, May). Effects of diaphragmatic myofascial release on gastroesophageal reflux disease: a preliminary randomized controlled trial. *Scientific Reports*, 13(9), <https://doi.org/10.1038/s41598-019-43799-y>.
- Mathieson, L. (2011). The evidence for laryngeal manual therapies in the treatment of muscle tension dysphonia. *Current Opinion in Otolaryngology & Head Neck Surgery*, 19(3), 171-176.
- Mathieson, L. H. (2009). Laryngeal manual therapy: a preliminary study to examine its treatment effects in the management of muscle tension dysphonia. *Journal of Voice*, 23(3), 353-366.
- Mathur, H. K. (2019). Effect of forward head posture on swallowing: Review of Literature. *International Journal of Physical Education, Sports and Health*, 6(4), 97-100.
- Matsumoto M. (1998). MRI of cervical intervertebral discs in asymptomatic subjects. *The Journal of Bone and Joint Surgery*, 80(1), 19-24.
- McCabe, E. M. (2021 (a)). Development of the Physiotherapy Therapeutic Relationship Measure. *European Journal of Physiotherapy*, DOI: 10.1080/21679169.2020.1868572, 1-11.
- McCabe, E. (2021 (b)). Measuring therapeutic relationship in physiotherapy: conceptual foundations. *Physiotherapy Theory and Practice*, DOI: 10.1080/09593985.2021.1987604, 1-14.
- McCabe, E. (2021). An investigation of the measurement properties of the physiotherapy therapeutic relationship measure in patients with musculoskeletal conditions. *European Journal of Physiotherapy*, doi.org/10.1080/21679169.2021.2005138, 1-15.

- McCabe, E. (2021 (d)). *An investigation of the measurement properties of the physiotherapy therapeutic relationship measure in patients with musculoskeletal conditions: Supplemental Material*. Retrieved May 2022, from Taylor & Francis Online: <https://www.tandfonline.com/doi/suppl/10.1080/21679169.2021.2005138?scroll=top>
- McCormack., B. C. (2003). Learning together-Caring together. *Health Education*, 62(3), 195-197.
- McGarey, P. O. (2018). Comorbid Dysphagia and Dyspnea in Muscle Tension Dysphonia: A Global Laryngeal Musculoskeletal Problem. *OTO Open*, 2(3).
- McKay, E. (2014). Assessing the effectiveness of massage therapy for bilateral cleft lip reconstruction scars. *International Journal of Therapeutic Massage & Bodywork*, 7(2), 3-9.
- McLaughlin, C. (2009). Breathing evaluation and retraining in manual therapy. *Journal of Bodywork and Movement Therapies*, 13(3), 276-282.
- McMillan, H. B. (2022). Manual therapy for patients with radiation-associated trismus after head and neck cancer. *JAMA Otolaryngology-Head & Neck Surgery*, doi:10.1001/jamaoto.2022.0082, E1-E8.
- McParlan, Z. C. (2022). Therapeutic Alliance as Active Inference: The Role of Therapeutic Touch and Synchrony. *Frontiers in Psychology*, doi.org/10.3389/fpsyg.2022.783694, 1-16.
- Melis, M. D. (2019). Oral myofunctional therapy for the treatment of temporomandibular disorders: A systematic review. *Cranio : The Journal of Craniomandibular Practice*(<https://doi.org/10.1080/08869634.2019.1668996>), 1-7.
- Meltzer, K. R. (2010). In vitro modeling of repetitive motion injury and myofascial release. *Journal of Bodywork and Movement Therapies*, 14(2), 162-171.
- Merton, R. (1972). Insiders and outsiders: A chapter in the sociology of knowledge. *American Journal of Sociology*, 78, 9-47.
- Miciak, M. (2015). *Bedside Matters: A Conceptual Framework of the Therapeutic Relationship in Physiotherapy*. PhD Dissertation, Alberta.
- Miciak, M. M. (2018). The necessary conditions of engagement for the therapeutic relationship in physiotherapy: an interpretive description study. *Archives of Physiotherapy*, 8(3), <https://doi.org/10.1186/s40945-018-0044-1>.
- Moore, C. (2008). A Framework and Resources for Shared Decision Making: Opportunities for Improved Physical Therapy Outcomes. *Physical Therapy*, 98(12), 1022-1036.
- Moore, C., & Kaplan, S. (2018). A Framework and Resources for Shared Decision Making: Opportunities for Improved Physical Therapy Outcomes. *Physical Therapy*, 98(12), 1022-1036.
- Morrison M.D., R. L. (1983). Muscular tension dysphonia. *Journal of Otolaryngology*, 12(5), 302-306.
- Morrison, M. (1997). Pattern recognition in muscle misuse voice disorders: How I do it. *Journal of Voice*, 11(1), 108-114.
- Morton, V. T. (2003). Effect of regression to the mean on decision making in health care. *BMJ*, 1083-1084.
- Moseley, L. (2015). *The trigger point strikes ... out!* Retrieved from Body in Mind: <https://bodyinmind.org/trigger-point-evaluation/>
- Moyer, C. A. (2004). A Meta-Analysis of Massage Therapy Research. *Psychological Bulletin*, 130(1), 3-18.

- Moyer, C. A. (2008). Affective Massage Therapy. *INTERNATIONAL JOURNAL OF THERAPEUTIC MASSAGE AND BODYWORK*, 1(2), 3-5.
- Moyer, C. A. (2020, March 28). (W. Fritz, Interviewer)
- Myburgh C. (2008). A Systematic, Critical Review of Manual Palpation for Identifying Myofascial Trigger Points: Evidence and Clinical Significance. *Archives of Physical Medicine and Rehabilitation*, 89(6), 1169-1176.
- Nacci, A. F. (2012, Apr). Posturographic analysis in patients with dysfunctional dysphonia before and after speech therapy/rehabilitation treatment. *ACTA Otorhinolaryngologica Italica*, 32(2), 115-121.
- Nair A. (2019). Comparison of Diaphragmatic Stretch Technique and Manual Diaphragm Release Technique on Diaphragmatic Excursion in Chronic Obstructive Pulmonary Disease: A Randomized Crossover Trial. *Pulmonary Medicine*, 2019, <https://doi.org/10.1155/2019/6364376>.
- Nair, A. (2021). *The Tongue as a gateway to vocie, resonance, and intelligibility*. San Diego: Plural Publishing.
- Nardini, C. D. (2016). Systemic Wound Healing Associated with local sub- Cutaneous Mechanical Stimulation. *Scientific Reports*, 6, 39043.
- Naugle, K. F. (2012). A meta-analytic review of the hypoalgesic effects of exercise. *Journal of Pain*, 13(12), 1139-1150.
- Nee, R. (2006). Management of peripheral neuropathic pain: Integrating neurobiology, neurodynamics, and clinical evidence. *Physical Therapy in Sport*, 7, 36-49.
- Nee, R. (2012). The validity of upper-limb neurodynamic tests for detecting peripheral neuropathic pain. *Journal of Orthopedic and Sports Physical Therapy*, 42(5), 413-424.
- Nee, R. (2006). Management of peripheral neuropathic pain: Integrating neurobiology, neurodynamics, and clinical evidence. *Physcial Therapy in Sport*, 36-49.
- Neto, H. B. (n.d.). Interoception and Emotion: A Potential Mechanism for Intervention With Manual Treatment. *2021Cureos*, 13(6), e15923.
- Nicholls, D. A. (2010). The body and physiotherapy. *Physiotherapy Theory and Practice*, 26(8), 497-509.
- Nicholls, D. A. (2012). Discipline, desire, and transgression in physiotherapy practice. *Physiotherapy Theory and Practice*, 28(6), 454-465.
- Nijs, J. (2015). Exercise therapy for chronic musculoskeletal pain: Innovation by altering pain memories. *Manual Therapy*, 20(1), 216-220.
- Nijs, J. (2013). Thinking beyond muscles and joints: Therapists' and patients' attitudes and beliefs regarding chronic musculoskeletal pain are key to applying effective treatment. *Manual Therapy*, 18(2), 96-102.
- Nim, C. G. (2021). The importance of selecting the correct site to apply spinal manipulation when treating spinal pain: Myth or reality? A systematic review. *Scientific reports*, 11(1), <https://doi.org/10.1038/s41598-021-02882-z>.
- Norcross, J. C. (2018). A new therapy for each patient: Evidence-based relationships and responsiveness. *Journal of Clinical Psychology*, 1-18.
- Øberg, G. N. (2015). Embodied-enactive clinical reasoning in physical therapy. *Physiotherapy Theory and Practice*, 31(4), 244-252.

- O'Connell, N., Cook, C., Wand, B., et al. (2016). Clinical guidelines for low back pain: A critical review of consensus and inconsistencies across three major guidelines. *Best Practice & Research Clinical Rheumatology*, 30(6), 968-980.
- OpenStax. (n.d.). *Diaphragm*. Retrieved from Wikipedia: <https://commons.wikimedia.org/w/index.php?curid=30131686>
- Orman, T. F. (2016). "Paradigm" as a Central Concept in Thomas Kuhn's Thought. *International Journal of Humanities and Social Science*, 6(10), 47-52.
- Ouellet P. (2021). Region-specific exercises versus general exercises approaches in the management of spinal and peripheral musculoskeletal disorders: a systematic review with meta-analyses of randomized controlled trials. *Arch Phys Med Rehabil*.
- Park, H. H. (2015). The effect of the correlation between the contraction of the pelvic floor muscles and diaphragmatic motion during breathing. *Journal of Physical Therapy Science*, 27(7), 2113-2115.
- Patel, S. (2015). *The research paradigm*. Retrieved December 2020, from <http://salmapatel.co.uk/academia/the-research-paradigm-methodology-epistemology-and-ontology-explained-in-simple-language/#:~:text=I%20have%20put%20together%20this,for%20your%20research%20or%20PhD>.
- Pauli, N. (2019). Temporomandibular disorder in head and neck cancer patients undergoing radiotherapy: Clinical findings and patient-reported symptoms. *Head & Neck*, 3570– 3576.
- Pauloski, B. R. (1998). Speech and Swallowing in Irradiated and Nonirradiated Postsurgical Oral Cancer Patients. *Otolaryngology-Head and Neck Surgery*, 118(5), 616-624.
- Pelzang, R. (2010). Time to learn: understanding patient-centred care. *British Journal of Nursing*, 19(14), 912-917.
- Perkowski, F. (1935). Massage of the Soft Palate. *Journal of Exceptional Children*, 1(3), 67-70.
- Peterson Kendall, F. K. (1993). *Muscles Testing and Function*, 4th Ed. Alphen aan den Rijn: Williams & Wilkins.
- Petrozzi, M. J. (2021). A process evaluation of the Mind Your Back trial examining psychologically informed physical treatments for chronic low back pain. *Chiropractic & manual therapies*, 29(1), 32.
- Petty, N. T. (2012). Ready for a paradigm shift? Part 1: Introducing the philosophy of qualitative research. *Manual Therapy*, 17(4), 267-274.
- Petty, N., Thomson, O., & Stew, G. [. (2012). Ready for a paradigm shift? Part 2: Introducing qualitative research methodologies and methods. *Manual Therapy*, 17(5), 378-384.
- Pignataro, R. (2018, July 12). Retrieved from APTA: <http://www.apta.org/Blogs/PTTransforms/2018/7/12/TransformativeDialogues/>
- Plowman, E. H. (2018). Elucidating inconsistencies in dysphagia diagnostics: Redefining normal. *International Journal of Speech-Language Pathology*, 20(3), 1-8.
- Quintner, J. L. (2015). A critical evaluation of the trigger point phenomenon. *Rheumatology (Oxford, England)*, 392-399.
- Rad, A. M. (2018). Efficacy of Manual Circumlaryngeal Therapy in Patients with Muscle Tension Dysphonia. *Shiraz E Medical Journal*, 19(7), e644788.

- Rajendran, D. B. (2019). Shared decision making by United Kingdom osteopathic students: an observational study using the OPTION-12 instrument. *Chiropractic & manual therapies*, 27(42), <https://doi.org/10.1186/s12998-019-0260-0>.
- Ramsey, F., Rescher, N., & Majer, U. (1991). What is Truth? In F. Ramsey, N. Rescher, & U. Majer, *The Nature of Truth*.
- Ratajska, M. C. (2019). Myofascial release in patients during the early postoperative period after revascularisation of coronary arteries. *Disability and Rehabilitation*, 42(23), 1-12.
- Rathee M, J. P. (2022). *StatPearls*. Retrieved April 2022, from NCBI: <https://www.ncbi.nlm.nih.gov/books/NBK549823/>
- Reimann, A. P. (2016). Immediate effect of laryngeal manual therapy in dysphonic individuals. *CoDAS*, 28(1), 59-65.
- Remesz, O. (n.d.). *Larynx*. Retrieved from Wikipedia: <https://commons.wikimedia.org/w/index.php?curid=3492701>
- Remvig L. (2008). Myofascial release: An evidence-based treatment approach? *International Musculoskeletal Medicine*, 30(1), 29-35.
- Ribeiro, V. V. (2018). Laryngeal Manual Therapies for Behavioral Dysphonia: A Systematic Review and Meta-analysis. *Journal of Voice*, 32(5), 553-562.
- Rocca, E. (2020). The CauseHealth Series: Chapter 3. *Words Matter Podcast*. (O. Thomson, Interviewer)
- Roddam, H. S. (n.d.). Retrieved from file:///Users/walterfritz/Downloads/0511-Roddam-Hazel.pdf
- Rogers, C. (1957). The necessary and sufficient conditions of therapeutic personality change. *Journal of Consulting Psychology*, 21(2), 95-103.
- Rogers, J. W. (1997). The Controversy of Cranial Bone Motion. *Journal of Orthopedic & Sports Physical Therapy*, 26(2), 95-103.
- Rosenbach, D. (n.d.). *Torus mandibularis*. Retrieved from Wikipedia: <https://commons.wikimedia.org/w/index.php?curid=37858019>
- Ross, J. (1887). Periscope of Laryngology and Rhinology. *Periscope*, 382-387.
- Ross, S. (1999). Dysphonia: osteopathic treatment. *Journal of Bodywork and Movement Therapies*, 3(3), 133-142.
- Rossettini, G. C. (2020). Context matters: the psychoneurobiological determinants of placebo, nocebo and context-related effects in physiotherapy. *Archives of Physiotherapy*, 10, <https://doi.org/10.1186/s40945-020-00082-y>.
- Rossettini, G. C. (2022). Unraveling Negative Expectations and Nocebo-Related Effects in Musculoskeletal Pain. *Frontiers in Psychology*, doi.org/10.3389/fpsyg.2022.789377.
- Rossettini, G. C. (2019). The Knowledge of Contextual Factors as Triggers of Placebo and Nocebo Effects in Patients With Musculoskeletal Pain: Findings From a National Survey. *rontiers in psychiatry*, 10, <https://doi.org/10.3389/fpsy.2019.00478>.
- Roulstone, S. (2011). Evidence, expertise, and patient preference in speech-language pathology. *International Journal of Speech-Language Pathology*, 13(1), 43-48.
- Roura, S. A. (2021). Do manual therapies have a specific autonomic effect? An overview of systematic reviews. *Plos One*, 16(2), e0260642.

- Roy, N. & Ferguson, N.A. (2001). Formant frequency changes following manual circumlaryngeal therapy for functional dysphonia: evidence of laryngeal lowering? *Journal of Medical Speech Language Pathology*, 9(3), 169-176.
- Roy, N. (2008). Assessment and treatment of musculoskeletal tension in hyperfunctional voice disorders. *International Journal of Speech-Language Pathology*, 10(4), 195-209.
- Roy, N. (1997). **Manual Circumlaryngeal Therapy for Functional Dysphonia: An Evaluation of Short- and Long-Term Treatment Outcomes**. *Journal of Voice*, 11(3), 321-331.
- Roy, N., Dietrich, M., Blomgren, M., et al (2017, March 1). Exploring the Neural Bases of Primary Muscle Tension Dysphonia: A Case Study Using Functional Magnetic Resonance Imaging. *Journal of Voice*, 33(2), 183-194.
- Roy, N., Ford, C.N., Bless, D.M. (1996). Muscle tension dysphonia and spasmodic dysphonia: the role of manual laryngeal tension reduction in diagnosis and management. *The Annals of otology, rhinology, and laryngology*, 105(11), 851-856.
- Roy, N., Leeper, H.A. (1993). Effects of the Manual Laryngeal Musculoskeletal Tension Reduction Technique as a Treatment for Functional Voice Disorders: Perceptual and Acoustic Measures. *Journal of Voice*, 7(3), 242-249.
- Roy, N., Nissen, S.L., Dromey, C., et al (2009, Mar-Apr). Articulatory changes in muscle tension dysphonia: evidence of vowel space expansion following manual circumlaryngeal therapy. *Journal of Communication Disorders*, 42(2), 124-135.
- Rubin, J. S. (2000). Laryngeal Manipulation. *Otolaryngologic Clinics of North America*, 33(5), 1017-1034.
- Russell, B. (2010). Using Manual Tension Reduction Treatment in treating Pediatric Functional Dysphonia. *Contemp. Issues Commun. Science and Disorders*, 37, 131-140.
- Sajid, I. P. (2021). Unintended consequences: quantifying the benefits, iatrogenic harms and downstream cascade costs of musculoskeletal MRI in UK primary care. *British Medical Journal Open Access*, 10(3), 1-13.
- Salmi, L. C. (2020). Covering patient's perspective in case-based critical review articles to improve shared decision making in complex case. *Health Expectations*, 23, 103701044.
- Salvi Shah, A. B. (2012). Myofascial Release. *International Journal of Health Sciences and Research*, 69-77.
- Saner, J. K. (2015). A tailored exercise program versus general exercise for a subgroup of patients with low back pain and movement control impairment: A randomised controlled trial with one-year follow-up. *Manual therapy*, 20(5), 672-679.
- Sataloff, R. (2005). *Treatment of Voice Disorders*. San Diego: Plural Publishing.
- Scheip, R. (2003, January). Fascial plasticity – a new neurobiological explanation: Part 1. *Journal of Bodywork and Movement Therapies*, 7(1), 11-19.
- Schleip R. (2019). Fascia Is Able to Actively Contract and May Thereby Influence Musculoskeletal Dynamics: A Histochemical and Mechanographic Investigation . *Frontiers in Physiology* , 336.
- Schneider, C. D. (1997). Exercise Physiology Principles Applied to Vocal Performance: The Improvement of Postural Alignment. *Journal of Voice*, 332-337.
- Sciascia, A. J. (2017). The degree of tissue injury in the shoulder does not correlate with pain perception. *Journal of Shoulder and Elbow Surgery*, 26(5), 151-152.

- Sebastian, D. (2019). *Principles of Manual Therapy. 3rd Edition*. New Delhi: Jaypee Brothers Medical Pub.
- Selten, E. M. (2016). Reasons for Treatment Choices in Knee and Hip Osteoarthritis: A Qualitative Study. *Arthritis care & research*, 68(9), 1260-1267.
- Selten, E. M. (2017). Hierarchical structure and importance of patients' reasons for treatment choices in knee and hip osteoarthritis: a concept mapping study. *Rheumatology*, 56(2), 271-278.
- Shacklock, M. (1995). Neurodynamics. *Physiotherapy*, 81(1), 9-16.
- Shin, T. B. (2011). The Role of Massage in Scar Management: A Literature Review. *Dermatologica Surgery*, 38(3), 414-423.
- Sieden, L. (2011). *A Fuller View - Buckminster Fuller's Vision of Hope and Abundance for all*. Divine Arts Media.
- Siracusa, C. G. (2020). Pelvic Floor Considerations in COVID-19. *Academy of Pelvic Health Physical Therapy*, 44(4), pp. 144-151.
- Sivan Navot, E. (2020, August 11). The Influence of Pelvic Floor Fascial (Manual) Mobilization in Multiparous Women -A randomized controlled trial. *Authorea*.
- Sloan, A. (2013). Phenomenology and hermeneutic phenomenology: the philosophy, the methodologies, and using hermeneutic phenomenology to investigate lecturers' experiences of curriculum design. *Quality & Quantity*, 48(3), 1291-1303.
- Smékal, D. V. (2008). The effectiveness of specific physiotherapy in the treatment of temporomandibular disorders. *Acta Universitatis Palackianae Olomucensis. Gymnica*, 38(2), 45-53.
- Smith, A. (2007). Manual Therapy: The Historical, Current, and Future Role in the Treatment of Pain . *The Scientific World Journal*, 7, 109-120.
- Smith, R. (2007). Manual Therapy: The Historical, Current, and Future Role in the Treatment of Pain. *The Scientific World Journal*, 7, 109-120.
- Sparkes, J. (1888). *A Manual of Artistic Anatomy*. London: Bailliere, Tindall, and Cox.
- Spengler, F. B. (2017). Emotional Dysregulation in Psychogenic Voice Loss. *Psychotherapy and Psychosomatics*, 86(2), 121-123.
- Staes, F. (2011). Physical Therapy as a Means to Optimize Posture and Voice Parameters in Student Classical Singers: A Case Report. *Journal of Voice*, 25(3), 91-101.
- Starmer, H. E. (2019). Clinical Decision Making with Head and Neck Cancer Patients with Dysphagia. *Semin Speech Lang*, 40(3), 213-226.
- Steidl, E. G. (2021). Outcomes of manual therapy on the biomechanics of swallowing in individuals with COPD. *CoDAS [online]*, 33(5), e20200203.
- Stepp C. A. (2009). Comparison of neck tension palpation rating systems with surface electromyographic and acoustic measures in vocal hyperfunction. *Journal of Voice*, 25(1), 67-75.
- Stewart, T. (1977). Psychotherapy and Physical Therapy Common Grounds. *Physical Therapy*, 57(3), 279-283.
- Stuhr, S. (2017). Neurodynamics. (W. Fritz, Interviewer)
- Szczygieł, E. B. (2018). The Impact of Deep Muscle Training on the Quality of Posture and Breathing. *Journal of motor behavior*, 219-227.

- Talasz, H. K. (2010). Breathing with the pelvic floor? Correlation of pelvic floor muscle function and expiratory flows in healthy young nulliparous women. *International Urogynecology Journal*, 21(4), 475-481.
- Talebi, G. A. (2020). Comparison of two manual therapy techniques in patients with carpal tunnel syndrome: A randomized clinical trial. *Caspian Journal of Internal Medicine*, 11(2), 163-170.
- Ternström, S. A. (2000). An effect of body massage on voice loudness and phonation frequency in reading. *Logopedics Phoniatrics Vocology*, 25(4), 146-150.
- Testa, M. R. (2016). Enhance placebo, avoid nocebo: How contextual factors affect physiotherapy outcomes. *Manual Therapy*, 24, 65-74.
- Thanh, N., & Thanh, T. (2015). The Interconnection Between Interpretivist Paradigm and Qualitative Methods in Education. *American Journal of Educational Science*, 1(2), 24-27.
- Thomson, O. P. (2012). Reconsidering the patient-centeredness of osteopathy. *International Journal of Osteopathic Medicine*, 16, 25-32.
- Thomson, O. P. (2014). Clinical decision-making and therapeutic approaches in osteopathy - a qualitative grounded theory study. *Manual therapy*, 19(1), 44-51.
- Thomson, O. P. (2021). 'Don't focus on the finger, look at the moon' - The importance of contextual factors for clinical practice and research. *International Journal of Osteopathic Medicine*, 40.
- Tomlinson C. (2013). Improving outcomes in patients with muscle tension dysphonia: A myofascial release and exercise program. *Journal of Orthopaedic & Sports Physical Therapy*, A1-A15.
- Tomlinson, C. A. (2015). Manual Therapy and Exercise to Improve Outcomes in Patients With Muscle Tension Dysphonia: A Case Series. *Physical Therapy*, 95(1), 117-128.
- Tomlinson, J. P. (2018). Shifting the focus of shared decision making to human relationships. *British Journal of Medicine*, k53, <https://doi.org/10.1136/bmj.k53>.
- Torraco, R. (2016). Writing Integrative Literature Reviews: Using the Past and Present to Explore the Future. *Human Resource Development Review*, 1-25.
- Tousignant-Laflamme, C. S. (2017). Does shared decision making results in better health related outcomes for individuals with painful musculoskeletal disorders? A systematic review. *Journal of Manual & Manipulative Therapy*, 25(3), 144-150.
- Tozzi, P. B. (2011). Fascial release effects on patients with non-specific cervical or lumbar pain. *Jurnal of Bodywork & Movement Therapies*, 15(4), 1-12.
- Trahan, J. L. (2019). The Efficacy of Manual Therapy for Treatment of Dyspareunia in Females: A Systematic Review. *Journal of Women's Health Physical Therapy*, 43(1), 28-35.
- Travell, J. S. (1983). *Myofascial Pain and Dysfunction : The Trigger Point Manual*. Baltimore: Lippincott Williams & Wilkins.
- Tsai, F. H. (2010). Correlation Between Scoliosis and Breast Asymmetries in Women Undergoing Augmentation Mammoplasty. *Aesth Plast Surg*, 34(374-380).
- Tsiligiannis, T. G. (2012). Pulmonary function in children with idiopathic scoliosis. *Scoliosis*, 7(7).
- Tyremen, S. (2005). An expert in what?: The need to clarify meaning and expectations in "The Expert Patient". *Medicine, Health Care and Philosophy*, 8, 153-157.
- Unknown. (n.d.). *Unknown*.

- USC, K. M. (n.d.). *Is it bad posture or scoliosis?* Retrieved from Keck Medicine of USC: <https://www.keckmedicine.org/is-it-bad-posture-or-scoliosis/>
- Vaiano, T. M. (2016). Body Pain in Professional Voice Users. *Journal of Speech Pathology & Therapy*, 14(302).
- Van Houtte, E. (2011). Pathophysiology and Treatment of Muscle Tension Dysphonia: A Review of the Current Knowledge. *Journal of Voice*, 25(2), 202-207.
- Van Lierde, K. M. (2004). Outcome of laryngeal manual therapy in four Dutch adults with persistent moderate-to-severe vocal hyperfunction: a pilot study. *Journal of Voice*, 18(4), 467-474.
- Van Lierde, K. (2010). The Treatment of Muscle Tension Dysphonia: A Comparison of Two Treatment Techniques by Means of an Objective Multiparameter Approach. *Journal of Voice*, 23(3), 294-301.
- Van Lierde, K., De Ley, S., Clement, G., et al. (2004). Outcome of Laryngeal Manual Therapy in Four Dutch Adults With Persistent Moderate-to-Severe Vocal Hyperfunction: A Pilot Study. *Journal of Voice*, 18(4), 467-474.
- Vandyke Carter, H. -H. (n.d.). *Vagus nerve*. Retrieved from Wikipedia: <https://commons.wikimedia.org/w/index.php?curid=526636>
- Viera, J. D. (2019). Resistance Training with Repetition to Failure or Not on Muscle Strength and Perceptual Responses. *ASEP*, 22(4), 165-175.
- von Bardeleben, K. H. (1906). *Atlas of Applied Topographical Human Anatomy*. London: Rebman Limited.
- von Piekartz, H. (2002). A Proposed Neurodynamic test of the Mandibular Nerve. Reliability and Reference Values. In F. W. van den Berg, *Manuelle Therapie (Chapter 2)*. Springer.
- von Piekartz, H. (2013). Orofacial manual therapy improves cervical movement impairment associated with headache and features of temporomandibular dysfunction: A randomized controlled trial. *Manual Therapy*, 18(4), 345-350.
- Vose, A. K. (2018). A Survey of Clinician Decision Making When Identifying Swallowing Impairments and Determining Treatment. *Journal of Speech, Language, and Hearing Research*, 61(https://doi.org/10.1044/2018_JSLHR-S-17-0212), 2735-2756.
- Walker, S. C. (2017). C-tactile afferents: Cutaneous mediators of oxytocin release during affiliative tactile interactions? *Neuropeptides*, 27-38.
- Wallace, S. L., Miller, L. D., & Mishra, K. (2019). Pelvic floor physical therapy in the treatment of pelvic floor dysfunction in women. *Current Opinion in Obstetrics and Gynecology*, 31(6), 485-493.
- Walt Fritz, P. (n.d.). Retrieved from YouTube: <https://www.youtube.com/playlist?list=PLDCX700Gnp2RHvkK8WpJ1CREOyU96PqN8>
- Warpenburg, M. J. (2014). Deep Friction Massage in Treatment of Radiation-induced Fibrosis: Rehabilitative Care for Breast Cancer Survivors. *Integr Med*, 13(5), 32-36.
- Watson, L. A. (2009). Thoracic outlet syndrome part 1: clinical manifestations, differentiation and treatment pathways. *Manual Therapy*, 14(3), 586-595.
- Webster, G. (1919). *Early American Manual Therapy; Concerning Osteopathy*. Retrieved 09 2020, from <https://www.mcmillinmedia.com/eamt/files/webster1/webcont.html>
- Wellens, F. (2010). *Wellens, F. (2010). The traditional mechanistic paradigm in the teaching and practice of manual therapy : Time for a reality check .*

- Weppeler, C. H. (2010). Increasing muscle extensibility: a matter of increasing length or modifying sensation? *Physical Therapy*, 90(3), 438-449.
- Willis, S. (2019). *Taming the tension: addressing upper body issues for the singer*. The University of Alabama.
- Wilson Arboleda, B. (2008). Considerations for maintenance of postural alignment for voice production. *Journal of Voice*, 22(1), 90-99.
- Wolff, B. J. (2020). Consideration of pelvic floor myofascial release for overactive bladder. *Journal of Bodywork and Movement Therapies*, 144-150.
- Woljnar, D. S. (2008). Phenomenology. An Exploration. *Journal of Holistic Nursing*, 25(3), 172-180.
- Wong, L. L. (2017). The Effect of Traction Position in Cervical Traction Therapy Based on Dynamic Simulation Models. *J. Biomedical Science and Engineering*, 243-256.
- Won-tae, G. (2019). The Effects of Cervical Range of Motion and Forward Head Posture on Cervical Manual Traction in Normal Adults. *The Journal of Korean Academy of Orthopedic Manual Physical Therapy*, 1-7.
- Yilmaz Yelvar G.D. (2016). Immediate effect of manual therapy on respiratory functions and inspiratory muscle strength in patients with COPD. *International Journal of Chronic Obstructive Pulmonary Disease*, 11, 1353-1357.
- Ziegler, A. D. (2014). Perceptions of voice therapy from patients diagnosed with primary muscle tension dysphonia and benign mid-membranous vocal fold lesions. *Journal of Voice*, 28(6), 742-752.
- Zollars, J. A. (2018). Visceral and Neural Manipulation in Children with Cerebral Palsy and Chronic Constipation: Five Case Reports. *Explore*.